

BETHESDA ACADEMY

OCTOBER 17-OCTOBER 21

Lexington

INDEPENDENTS

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BREAKFAST	Breakfast Frittata Grits Hash browns Bacon/Sausage Waffles Biscuit Gravy	Scrambled Eggs Grits Oatmeal Pancakes Bacon/Sausage Biscuits Gravy	Egg Casserole Grits Home Fries French Toast Bacon/Sausage Biscuits Gravy	Breakfast Bowl Scrambled Eggs Grits Hash Browns Bacon/Sausage Biscuits Gravy	Breakfast Taco's Scrambled Eggs Grits Home Fries Bacon/Sausage Biscuits Gravy
CAFÉ CLASSICS	Chicken Parmesan Spaghetti Noodles Green Peas Dinner Roll	Sweet and Sour Chicken Vegetable Lo Mein Egg Roll	Honey Glazed Pork Loin Macaroni and Cheese Candies Yams Dinner Roll	Blackened Swai Rice Pilaf Honey Glazed Carrots Dinner Roll	Swedish Meatballs Jasmine Rice Sauté Snow peas
GRILLE			Grilled chicken Sandwich	Chicken tenders	
DELI	Ham Wraps	Shrimp Po Boy			
PIZZA					Pepperoni pizza

Offered Daily: Gluten Free Options, Homemade Chips, House Pickles

Please see our Food Service Director for assistance with special dietary needs.