

BETHESDA ACADEMY

OCTOBER 24-OCTOBER 28

Lexington

INDEPENDENTS

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

	Breakfast Frittata Grits Hash browns Waffles Bacon/Sausage Biscuits Gravy	Scrambled Eggs, Grits, Oatmeal, Pancakes, Bacon/Sausage Biscuits Gravy	Egg Casserole Grits Home Fries French Toast Bacon/Sausage Biscuits Gravy	Breakfast Bowl Scramble Eggs Grits Hash browns Bacon/Sausage Biscuits Gravy	Breakfast Taco's Scrambled Eggs Grits Home Fries Bacon/Sausage Biscuits Gravy
CAFÉ CLASSICS	Beef Tips Baked Sweet Potato Steamed Broccoli Dinner Roll	Country Fried Steak Cheesy Scalloped Potato Asparagus Dinner Roll	BBQ Chicken Cauliflower with cheese Cucumbers and Tomato Salad Dinner Roll	Pepper Steak Green Peppers/Onions Jasmine Rice Steamed Broccoli Dinner Roll	Fried Fish Cheese Grits Stewed Tomato Dinner Roll
GRILLE			Bacon Cheeseburger		
DELI	Turkey Sub			Buffalo Chicken Wrap	
PIZZA		Chicken Alfredo Pizza			Pepperoni Pizza

Offered Daily: Gluten Free Options, Homemade Chips, House Pickles

Please see our Food Service Director for assistance with special dietary needs.