

# BETHESDA ACADEMY

MAY 16-MAY-20

**Lexington**

INDEPENDENTS

**MONDAY**

**TUESDAY**

**WEDNESDAY**

**THURSDAY**

**FRIDAY**

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BREAKFAST	<b>Breakfast Frittata</b> <b>Grits</b> <b>Hashbrowns</b> <b>Waffles</b> <b>Bacon</b> <b>Biscuits</b> <b>Gravy</b>	<b>Scrambled Eggs</b> <b>Grits</b> <b>Oatmeal</b> <b>Pancakes</b> <b>Sausage</b> <b>Biscuits</b> <b>Gravy</b>	<b>Egg Casserole</b> <b>Grits</b> <b>Home Fries</b> <b>French Toast</b> <b>Sausage</b> <b>Biscuits</b> <b>Gravy</b>	<b>Breakfast Bowl</b> <b>Scramble Eggs</b> <b>Grits</b> <b>Hashbrowns</b> <b>Bacon</b> <b>Biscuits</b> <b>Gravy</b>	<b>Breakfast Bowl</b> <b>Scramble Eggs</b> <b>Grits</b> <b>Hashbrowns</b> <b>Sausage</b> <b>Biscuits</b> <b>Gravy</b>
CAFÉ CLASSICS	<b>Baked Chicken Breast</b> <b>Egg noodles</b> <b>Steamed Asparagus</b> <b>Dinner Roll</b>	<b>Pot Roast</b> <b>Macaroni &amp; Cheese</b> <b>Green Beans</b> <b>Dinner Roll</b>	<b>Homemade Chicken Tenders</b> <b>Garlic Mashed Potatoes</b> <b>Honey Glazed Carrots</b> <b>Dinner Roll</b>	<b>Beef and Cheese Nacho</b> <b>Salsa, Sour cream &amp; Jalapenos</b> <b>Chili</b> <b>Shredded lettuce</b> <b>Cheese</b>	<b>Chicken Parmesan</b> <b>Spaghetti Noodles</b> <b>Steamed Broccoli</b> <b>Garlic Bread</b>
GRILLE			<b>Mini Corn Dog</b>		<b>Beef Franks</b>
DELI	<b>Philly Cheese Steak</b>	<b>Chicken Ranch Wraps</b>			
PIZZA				<b>Meat Lovers Pizza</b>	

**Offered Daily:** Gluten Free Options, Homemade Chips, House Pickles

Please see our Food Service Director for assistance with special dietary needs.