

BETHESDA ACADEMY

DECEMBER 13- DECEMBER 17

Lexington

INDEPENDENTS

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BREAKFAST	Breakfast Frittata Grits Hashbrowns Bacon Waffles Biscuit Gravy	Scrambled Eggs Grits Oatmeal Pancakes Sausage Biscuits Gravy	Egg Casserole Grits Home Fries French Toast Bacon Biscuits Gravy	Breakfast Bowl Scrambled Eggs Grits Hashbrowns Sausage Biscuits Gravy	Breakfast Taco's Scrambled Eggs Grits Home Fries Bacon Biscuits Gravy
CAFÉ CLASSICS	Chicken Parmesan Spaghetti Noodles Green Peas Dinner Roll	Sweet and Sour Chicken Vegetable Lo Mein Egg Roll	Honey Glazed Pork Loin mashed potato Gravy Turnip greens	Assorted Dipped Chicken Tenders Curly fries Garden salad Texas toast	Blackened Swai Rice Pilaf. Honey glazed carrots Dinner Roll
GRILLE			Grilled chicken Sandwich		
DELI	Ham Wraps	Shrimp Po Boy		Italian Sausage Dog	
PIZZA					Pepperoni pizza

Offered Daily: Gluten Free Options, Homemade Chips, House Pickles

Please see our Food Service Director for assistance with special dietary needs.